

BUILDING HEALTHY

ATTITUDES FOR LIFE



"Folio Education Trust is proud to have worked closely with Croydon SSP over the last two years and are impressed with the level of professional support and specialist knowledge they provide to schools who may not otherwise have the capacity to introduce children to the importance of health related fitness and the time to ensure whole school improvement in school sport." Jonathan Wilden **Executive Headteacher** Folio Education Trust

OUR AIM

To develop the whole child using sport and physical activity as a tool to encourage lifelong health and wellbeing. We strive towards our greater vision of promoting healthy active lifestyles through supporting academic attainment and achievement; ultimately leading to whole school improvement.

About Us

Croydon School Sport Partnerships (Croydon SSP) work to improve PE and School Sport within the London Borough of Croydon. We have been involved with local schools for over 14 years and pride ourselves on delivering a bespoke professional service that best fits the needs of individual schools.

We are a team of passionate and committed educational and sports development specialists with over 45 years combined experience in this field. Our team are commissioned to deliver the 3 School Games Organiser roles in Croydon. We are also the lead organisation for health and wellbeing as well as Leadership and Volunteering for schools across 5 South London boroughs.

Through our partnerships with key stakeholders in the educational field, including Youth Sport Trust, London Sport and Create Development: we are enabling schools throughout Croydon to access a great array of opportunities. This includes programmes such as the Change 4 Life extended projects, leadership, inclusion, teacher and curriculum support and competitions (including the School Games) from intra-school to national level.

Our membership service to you

Croydon SSP provides expertise across the full spectrum of Physical Education, School Sport and Physical Activity. Schools will receive a personalised package designed to enrich the curriculum and enhance their PE offer.



STRATEGIC REVIEW

Utilising the new PE, Sport and Health Assessment Tool. This comprises of:

Half day action planning session and regular follow ups including use of PE, Sport and Health Wheel

Half day monitoring and evaluation session including an infographic highlighting the key areas of focus



BOROUGH WIDE TRAINING

Access to 30 hours of CPD organised by Croydon SSP including our popular annual conference



BESPOKE SUPPORT

Bespoke days targeted to improve the areas important to individual schools (numbers of days depends on package taken). This includes specialist course options.



COMPETITIONS

Access to 76 hours of inter school KS2 competitions this includes priority booking for non-school games events. Please see the live Croydon SSP competition calendar which is regularly updated.



FESTIVALS

Access to 8 hours of noncompetitive opportunities for all key stages guided by our member school requests.



Overview

Action Planning – to devise a mutually agreed plan tailor made to suit each school

PE, Sport and Health Wheel - This easy-to-use, popular online tool allows schools to identify the impact of their PE and sport premium

Monitoring & Evaluation – recording, reporting and evaluating your data

Infographic – a visual summary showing the benefits gained from your membership throughout the academic year.

Outcomes

Clear objectives for schools' PE development plan leading to whole school improvement

Schools that can demonstrate that they have achieved Ofsted recognised standards in PE, sport and competition

High performing schools who can evidence and demonstrate impact

A clear shared journey for schools to reflect upon, celebrate progress and identify needs

Assess and evidence the impact PE is having on your school

Overview

Continuous Professional Development –

curriculum support, sports courses, project specific training

PE Conference – inspiring annual PE and Sport conference providing teachers, head teachers and governors with a variety of hot topics and practical ideas

PE Co-ordinator Meetings – regular updates on the local and national PE picture, current initiatives and upcoming opportunities

Networking – regular opportunities to meet with colleagues and partners to exchange experiences and share success

Outcomes

Upskilled staff who are models of good practice and are excelling in their roles

Knowledgeable staff who have a clear understanding of the local, regional and national picture and the implications this has on the school

Enthused school practitioners operating within a wide network of partners

BESPOKE SUPPORT





Creating PE lessons that are engaging and meet the needs of the whole school.

Overview

Curriculum Planning – assistance with all aspects of strategic and practical planning

Team Teaching – one to one guidance, practical support, lesson observations and constructive feedback

Mentoring – support and guidance to enhance an individual's skills, knowledge and performance. Ideal for new PE Co-ordinators, NQT's, coaches as well as wider school staff

School Games Mark – additional support to improve the level of the award attained

Outcomes

Active young people with both the commitment and confidence to succeed in PE, school and community sport

Motivated students who have the knowledge, understanding and desire to improve in all areas of the curriculum

Knowledgeable and inspired teachers who are well supported and confident to deliver to a high standard

A varying and fully inclusive curriculum

PROFESSIONAL DEVELOPMENT

Developing and investing in our teaching staff to ensure the highest standards for the benefit of rounded learners and the whole school community.

Overview

Leadership for PE Co-ordinators – specialised training to learn to lead rather than manage. Sessions involve observation, feedback and strategic thinking

Team Teaching – one to one guidance, practical support, lesson observations and constructive feedback

Mentoring – support and guidance to enhance an individual's skills, knowledge and performance. Ideal for new PE Co-ordinators, NQT's, coaches as well as wider school staff

School Games Mark – additional support to improve the level of the award attained

Outcomes

PE Co-ordinators are more equipped to look strategically at PE and the impact it has across the school

Successful learners who achieve their best in a highly stimulating and friendly environment

Teachers and other staff with an understanding of how to progress and fully reach their potential

Staff who are confident in initiating activities to enable a varied and active break time in a controlled environment

HEALTH & WELLBEING

Adopting a holistic approach and developing appropriate interventions to provide opportunities which lead to whole child development.

Overview

Leadership – courses for Yr 1 - Yr 6 designed to foster responsibility. These include play leaders, sports leaders and training on officiating

Targeted interventions – specific initiatives to engage hard to reach groups such as those who are less active, at risk of obesity or exclusion

More Able Gifted and Talented – our unique programme covering fitness testing, self-analysis, high level training and advice

Active Lifestyles - innovative and creative projects that make a significant impact and encourage physical activity within the extended school community

Daily Mile Support – guidance in setting up and embedding this national initiative within your school

Custom Events – built around school's requests. e.g. new sports, cross curricular, topic based, skill acquisition and workshops

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Mass Participation Events – aimed at the whole school/key stage e.g. whole school cross country, sports days



Outcomes

Empowered individuals who are able to rise to the challenge and accept responsibility

Creating pupils who are well adjusted, confident and have high self-esteem and self-worth

Resilient and adaptable pupils who are able to show initiative, problem solve, work as a team and make appropriate decisions for themselves

Active schools and active communities who enjoy and promote positive attitudes to a healthy lifestyle

Effective strategies to tackle a range of issues such as health, behaviour, attendance and attainment

Pupils that feel assured of their own talents and have aspirations to improve further

Improving concentration levels, mood, behaviour and general wellbeing as well as physical fitness

SPECIALIST COURSES

Working with well-known education training providers to deliver recognised courses that complement our existing offer (these courses are deducted from your bespoke time, you may allocate up to 6 half days towards them).



Cour	6e	Description	Details	Delegates	Bespoke time
A	CREATE DEVELOPMENT - REAL PE TRAINING	This ground breaking 3 day training programme includes unrivalled personalised resources and schemes of work for one year. 1 year licence to Jasmine - home to your 36 weeks of interactive lesson plans.	Everything you need to start using realPE in your school. In subsequent years, schools will then be able to access Option C as a next step or repeat Option A with another member of staff. (Please note that this course may take place outside of Croydon)	1 space Further delegates may attend but with an additional cost	6 half days
В	CREATE DEVELOPMENT - REAL GYM TRAINING	This innovative 1 day training course includes personalised resources and schemes of work for one year group. 1 year licence to Jasmine - home to your 12 weeks of interactive lesson plans	Open to all schools however a sound knowledge of realPE is beneficial. (Please note that this course may take place outside of Croydon)	1 space Further delegates may attend but with an additional cost	3 half days
С	CREATE DEVELOPMENT -REAL PE WHOLE SCHOOL INSET CREDIT	Includes 1 day training course for all staff, unrivalled personalised resources and schemes of work for every year group and an impact report 1 year licence to Jasmine - home to your 36 weeks of interactive lesson plans for every year group	One member of staff must have completed Option A to access this course	ALL Training for all school staff via either an inset or twilight / showcase lessons.	6 half days
D	CREATE DEVELOPMENT - REAL GYM WHOLE SCHOOL INSET CREDIT	Includes 1 day training course, unrivalled personalised resources and schemes of work for every year group and an impact report 1 year licence to Jasmine - home to your 12 weeks of interactive lesson plans for every year group		ALL Training for all school staff via either an inset or twilight / showcase lessons.	
E	CREATE DEVELOPMENT - REAL PE REFRESHER/INTRO COURSES	Experience a day of training to provide you with the confidence and understanding to bring real PE to life in your school and make a real difference to the quality of provision. Individual intro includes Jasmine access for 1 year group Whole school refreshers include Jasmine access for all year groups	Schools must have previously held a real PE whole school inset to access these. 3 options to choose from: Individual Introduction – for schools looking to train a new member of staf Whole school day – for schools that would like to hold a refresher course as a 1 day inset or showcase lesson day Whole school twilight –for schools that would like to hold a refresher course as a twilight inset	Individual 1 space Whole school options Training for all school staff	Individual Intro 2 half days Whole school day 6 half days Whole school twilight 4 half days
F	JASMINE ONLINE PLATFORM	Jasmine is a teaching and learning tool in addition to a planning aid and has been designed to help bring lessons to life for children in a fun and creative way using videos, music and animation Continuous improvements and developments are accessible in real time and at no additional cost	You must have previously completed the relevant above option (Option A, B, C or D) to access this Other variations are available such as single year group access – please contact us for further details.	A 1 year licence	3 half days for real PE access for all year groups 3 half days for real gym access for all year groups
G	CHILDREN'S HEALTH PROJECT - HEALTH AMBASSADOR TRAINING	Includes 2 day training course Scheme of work with 160 lessons for use in PE, Science, PSHE and Food Technology Baseline assessment in line with 2020 Health proposals Impact Report at the end of year One	A great option for any member of staff involved in health related provision.	1 space Further delegates may attend but with an additional cost	6 half days



Overview

Inter-school Festivals – priority access built around member schools requests. Examples include gymnastics, KS1 multi sports and dance. These can be aimed at self-improvement, be non-competitive, skill based or be an introduction to match play

Outcomes

Enjoy taking part in PE, school and community sport

Enthused pupils who are confident to try, learn and perform new skills



Overview

School Games Competitions – access to 52 hours of Level 2 (Croydon) competitions with a pathway to Level 3 (regional) competitions

Other Competitions – priority access to over 24 hours of inter school competition covering a wide spectrum of sports

Outcomes

Pupils who can respond creatively to a range of competitive activities both as an individual and as an integral part of a team

Students who demonstrate a desire to improve and achieve in relation to their abilities and aspirations

Membership Options & Costs for the 2019 – 2020 Academic Year

INFANT SCHOOL ONLY OPTION

Half day (3 hours) Action Planning

Half day (3 hours) M & E

Up to 24 half days (72 hours) bespoke support, includes a specialist course option

Access to 30 hours of CPD

Access to 8 hours of festivals

116 hours

£2,798

Equates to £24.12/hr

1 FORM ENTRY

Half day (3 hours) Action Planning

Half day (3 hours) M & E

Up to 16 half days (48 hours) bespoke support, includes a specialist course option

Access to 30 hours of CPD

Access to 8 hours of festivals

Access to 76 hours of inter school competitions

168 hours

£4,053

Equates to £24.12/hr

2+ FORM ENTRY

Half day (3 hours) Action Planning

Half day (3 hours) M & E

Up to 24 half days (72 hours) bespoke support, includes a specialist course option

Access to 30 hours of CPD

Access to 8 hours of festivals

Access to 76 hours of inter school competitions

168 hours

£4,632

Equates to £24.12/hr

Early Bird Offer! Sign up by Friday 28th June 2019 to receive this special deal!

£2,719

Equates to £24.12/hr

£3,939

Equates to £24.12/hr

£4,501

Equates to £24.12/hr

Even more savings! Sign up for 2 years by Friday 28th June 2019 to receive this special deal!

£2,640 per year

Equates to £22.76/hr

£3,824 per year

Equates to £22.76/hr

£4,370 per year

Equates to £22.76/hr

For further information and to discuss how our membership could work for your school, please contact: **Pearl Sethna, Development Manager** 020 8688 5414 (opt 3) or 07810 762649

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